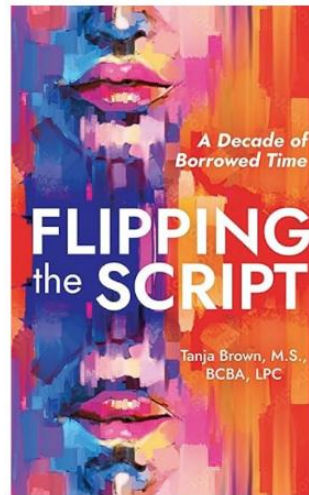


***FLIPPING THE SCRIPT: A DECADE OF BORROWED
TIME REDEFINES LOVE, MOTHERHOOD AND
REINVENTION***

**An intimate, funny and emotionally precise story of autism
motherhood, midlife reinvention and love that defies
expectation.**



COLORADO SPRINGS, Colorado, February 25, 2026 – Tanja Brown, behavior analyst and psychologist, released a groundbreaking memoir revealing the impact of her age-gap relationship with a man twenty-six years her junior, while raising an autistic child. Unapologetically honest and intimate, this book is not about defending choices, but provides a powerful example for women navigating midlife, caregiving, love and identity.



At a time when many women are quietly reassessing the expectations placed upon their lives, Brown steps forward with a memoir that speaks directly to that reckoning. *Flipping The Script: A*

Decade of Borrowed Time is a candid, deeply personal account of love, caregiving, identity and the courage it takes to choose aliveness over approval.

Brown's memoir unfolds at the intersection of autism motherhood and midlife awakening. While raising a child with severe, she also finds herself in a decade long relationship with a man twenty six years younger. Rather than framing her story as a defense of unconventional choices, Brown offers something far more compelling. She tells the truth. With emotional clarity and flashes of humor, she explores longing, responsibility, resilience and the tension between devotion to others and loyalty to oneself.

Flipping The Script challenges the rigid timelines that often govern women's lives. Marriage, motherhood, stability, aging and partnership are frequently expected to follow a predictable arc. Brown's experience disrupts that narrative. She writes about living in what feels like borrowed time, fully aware of the complexity of her circumstances, yet unwilling to retreat from a life that feels authentic. Her voice is reflective, not unsentimental, inviting readers into the nuance of real decisions made in real time.

The memoir resonates with women navigating caregiving, evolving relationships and questions of identity, all at once. Brown does not offer easy lessons or tidy conclusions. Instead, she provides recognition. Readers who have felt the strain of balancing personal desire with parental responsibility will find themselves in these pages. Those confronting midlife transitions will recognize the quiet courage required to rewrite a script that no longer fits.

Brown was inspired to write the book not simply to document events, but to capture what it means to live fully awake inside one's own choices. By sharing her story without apology or spectacle, she creates space for more honest conversations about aging, love and self-trust. The result is a memoir that feels both intimate and culturally relevant, especially for readers who are less interested in easy answers than in honest reckoning.

Tanja Brown is a writer whose work centers on connection, caregiving and the evolving identity of women in midlife. Drawing from lived experience, she brings depth, intelligence and vulnerability to her storytelling. *Flipping The Script* marks a meaningful contribution to contemporary memoir, offering readers both companionship and courage.

Brown is a Board-Certified Behavior Analyst and Licensed School Psychologist. A mother of two, she immigrated to the U.S. at the age of 20 from Soest, Germany and is an entrepreneur and writer living in Colorado. She blends clinical insight with real-world experience and a women navigating midlife on her own terms. *Flipping The Script: A Decade of Borrowed Time* is her first major work of non-fiction.

The book is now available. Secure your copy: <https://a.co/d/0bTTFWaT>

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